

# The ESF REFLECTION Research Network Programme

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**RESEARCHING COMPLEX INTERVENTIONS  
FOR NURSING (REFLECTION)**

Standing Committee for the Medical Sciences  
(European Medical Research Councils, EMRC)

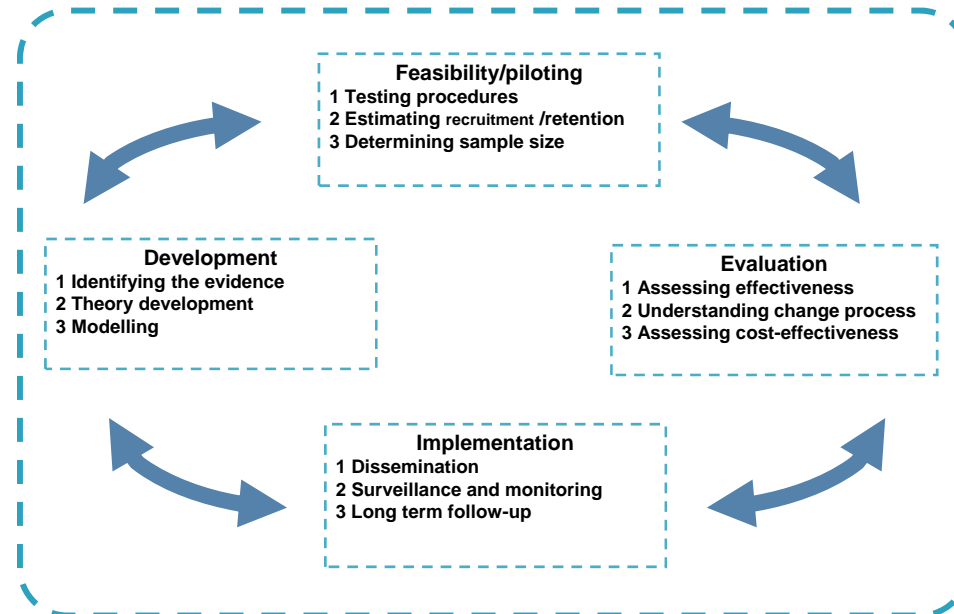


# REFLECTION is developing

- An interdisciplinary European Faculty network of researchers in nursing, equipped to design, plan and implement programmatic, mixed methods and complex interventions research in nursing.
- Programmes of translational research in nursing which are multi-state, multi-disciplinary, and directed at improving the evidence base of nursing to meet European health and social care concerns.

# Complex Interventions and Nursing

- Nursing is a classic example of a 'complex intervention' – an activity that contains a number of component parts with the potential for interactions between them. When applied to the intended target population these produce a range of variable outcomes.
- Modern research methods guidance recommends that the knowledge base for complex interventions in health care should be investigated through a process of development, feasibility/piloting, evaluation and implementation, where there is a dynamic interchange between stages (MRC, 2008).



# REFLECTION Outcome Indicators

- increase translational research reports in scientific (nursing) journals;
- ensure that mixed- and multi-methods in nursing research becomes the norm, linking quantitative and qualitative research traditions;
- lead to the development of step-wise research programmes in nursing involving linked series of studies which are descriptive, test develop and refine theory, explore possible explanatory models, translate nursing activities and practices in clinical trials;
- increase the number of doctoral studies within programmatic and multi-national studies addressing complex health issues;
- lead to more multi-national applications for European research funding from nurse researchers and their colleagues investigating relevant nursing interventions;
- refocus nursing research to develop knowledge which improves the evidence-base for routine nursing care internationally.

### Activity 1

- Develop a European Faculty network of researchers in nursing, equipped to design, plan and implement programmatic complex interdisciplinary nursing.

#### Target

- Experienced researchers from European workshops and interventions

#### Milestones

- 2011-2015: expert seminars
- Summer 2012 publication in research journal
- application of methods.
- 2013-2015: 1

### Activity 2

- Share knowledge and expertise by running summer schools for early stage researchers using a complex methods

Researchers attend programme.

Schools run by researchers in complex methods.

### Activity 3

- Develop programmes of translational research in nursing which are multi-state, multi-disciplinary, and directed at improving the evidence base of nursing to meet European health and social care concerns.

#### Target

- Experienced researchers in nursing who wish to collaborate across Europe meet as part of REFLECTION activities and develop programmes of European collaborative research activity.

#### Milestones:

- 2011-2015: at least one European multi-national research programme funding bid submitted annually by REFLECTION network members.

# Joining REFLECTION

- Dedicated website to go live early 2012
- Watch:
  - **European Science Foundation website:**  
[www.esf.org/reflection](http://www.esf.org/reflection)
  - **European Academy of Nursing Science website:**  
[www.european-academy-of-nursing-science.com](http://www.european-academy-of-nursing-science.com)

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Enjoy the next three days!

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